

CITY OF HAWTHORNE

RECREATION AND COMMUNITY SERVICES

*Winter
Spring
2018*

*Get Fit & Stay Fit at the
Betty Ainsworth Sports
Center!*

CLASSES BEGIN:
January 2, 2018

**Parks
Make
Life
Better!**

CITY OF GOOD NEIGHBORS

City of Hawthorne Recreation and Community Services Department strives to enrich the quality of life for people of all ages by providing safe, positive and active opportunities within our community that embrace diversity and promote social connections, wellness, civic pride, and lifelong learning.

City of Hawthorne - CITY HALL

4455 W. 126th Street,
Hawthorne, CA 90250
www.cityofhawthorne.com
(310) 349-2900

City of Hawthorne - RECREATION & COMMUNITY SERVICES

3901 W. El Segundo Blvd., Hawthorne, CA 90250
www.cityofhawthorne.org/parks-and-recs-home-page
(310) 349-1640

Online Registration

<https://apm.activecommunities.com/hawthornerecreation>

Hours of Operation

Monday-Thursday 7:30 am-5:30 pm
Friday 7:30 am-4:30 pm

Closed Alternate Fridays: January 5, 19; February 2, 16;
March 2, 16, 30; April 13, 27; 2018

Holidays

January 15; February 19; April 2; 2018

City of Hawthorne City Council

Mayor: Alex Vargas

Mayor Pro Tem: Haidar Awad

Council Members: Angie English, Nilo Michelin, Olivia Valentine

City Manager: Arnold Shadbeh

City Clerk: Norb Huber

City Treasurer: L. David Patterson

City Council meetings are held the 2nd and 4th Tuesday of the month at 6 pm in the City Hall Council Chambers. *For more information please call (310) 349-2908.*

Parks & Recreation and Fine Arts Commission

Chairperson: Richard Huhn

Commissioners: Herminia Balboa, Charles Bowie Jr.,
Danielle Marquez, Gloria Plascencia, Kevin Posey

Meetings are held on the 1st Tuesday of every month at 6 pm in the City Hall Council Chambers. *For more information please call (310) 349-1640.*

Senior Citizens Commission

Chairperson: Juanita Y. Douse

Vice Chairperson: Darlene Love

Commissioners: Darvis J. Johnson, Dr. Joseph N. Jackson

Meetings are held on the 1st Wednesday of every month at 3 pm in the City Hall Council Chambers. *For more information please call (310) 349-1640.*

GOT A SKILL? Teach in Hawthorne!

The Recreation & Community Services Department is always looking for new teachers to contract with the city! If you have a special skill, athletic ability, or hobby that you would like to share and teach to others in the community, we would like to hear from you! Contact the department at (310) 349-1640.



WINTER-SPRING 2018 RECREATION PROGRAMS

Classes will begin January 2, 2018

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HOW TO READ THE CLASS SCHEDULE

Class #:	Class Code
6-13:	Age Group Class Offered To
Jan. 14 – Feb. 25:	Length of Class
Sat.:	Day(s) Class Offered
11:00 - 11:55 am:	Time(s) Class Offered

See Registration Information and
Addresses of Locations on page 3.

REGISTRATION FOR CLASSES IS EASY!

Registration Information

1. ONLINE

1. Go to www.cityofhawthorne.org
2. Click on Recreation & Community Services
3. Click on Recreation Classes Schedule
4. Click on Register for Activities
5. Click on Create an Account
(Only if this is your first time registering online.
Follow the steps listed.)
6. Enter Username & Password
7. Sort by Location, Activity Name, Class Number
8. Click on Name of Activity
9. If this is the class, click Add to My Cart
10. Follow the steps for payment

2. WALK-IN

Recreation & Community Services Department
3901 W. El Segundo Blvd.
Hawthorne, CA 90250

3. REGISTER WITH INSTRUCTOR

You register the first day of class with the instructor unless noted. You must fill out a registration form for each activity the first day of class.

Payment

- Only cash, checks, or money orders are accepted.
- Checks are to be made payable to the **City of Hawthorne**, and must have a drivers license number written on check.
- VISA & MasterCard are accepted for preregistration activities only (ie. Dog Obedience, Special Events, Clinics, etc)
- Insufficient checks will be charged a \$25.00 processing fee.

Refund Policy

- A non-refundable 15% administrative fee per class or sports league will be assessed by the recreation department for any patron granted a refund, change or transfer per class or sports league registration.
- No full refund will be issued unless a class or league is cancelled by the recreation department.
- If a refund is necessary for to a medical emergency, please visit the Recreation & Community Services Department M-Th between the hours of 7:30 am – 5:30 pm and fill out a refund request form and attached a copy of the medical release provided by your physician.
- Refunds or exchanges for classes due to summer school, vacations, etc are not granted. Please be sure to register for the correct time and level when signing up for classes.

Photo Release:

At times, the Hawthorne Cable Department or the Recreation & Community Services Department may visit during the various activities offered in the brochure for sole purpose of advertising the classes. If you do not want your child to be photographed or videotaped, please be sure to talk to your instructor.

Park Permits & Fees

Groups of 15 or more that wish to use a Hawthorne Park, must have a permit. Please be prepared to give the date and time of the activity, the portion of the park to be used, and the number of people in attendance. Please note that rented amusements, (i.e. bouncers, trains, trampolines, amplified music, etc.) are NOT permitted at any of the parks. You must request a park permit at least 1 week prior to the day of the event/activity! To find out more information or to book a park permit, please call the Recreation & Community Services Department.

Resident Groups

15-50 people	\$21
51-100 people	\$34
101 & over	\$53

Formal Picnic Areas:

Memorial Park, Eucalyptus Park and Holly Park have formal picnic shelters. Memorial Park and Eucalyptus Park have outlets, gas grills, sinks, and counter tops. There are no outlets or sinks at Holly Park. When booking the park, you must request usage of the covered shelter areas and check out a key. The fee is an additional \$19 - \$31 for use of the formal picnic area.



Mountain Camping Facilities

The City of Hawthorne makes available a 20-acre camp facility in the Angeles National Forest of the San Bernadino Mountains in Wrightwood. A two hour drive from Hawthorne, which can be reached without driving on any narrow, twisting mountain roads. Adjacent to Jackson Lake, a short drive from the Mountain High Ski Facility. This facility is available for rental for families or large groups. Enclosed cabins are used for sleeping areas, while cooking & dining is held in a main lodge area. Group provide there own transportation, food & bedding. Camp is available for use in year round. Maximum usage 100 persons. The New Journey Ministries Church operates the facility on the City's behalf. For reservations & fee information, please contact the New Journey Ministries Church at www.njmcamp.org.

The City of Hawthorne is committed to providing all individuals equal opportunity regardless of age, sex, race, national origin, religion, color, ancestry, marital status, sexual orientation, medical condition, physical or mental disability, or service as a military veteran.

Recreational Facilities

Recreation & Community

Services Department	3901 W. El Segundo Blvd.
Betty Ainsworth Sports Center	3851 El Segundo Blvd.
Senior Citizens Center	3901 W. El Segundo Blvd.
Thorpe Building	14100 S. Prairie Ave.
Thorpe Castle	14025 S. Cordary Ave.
Bicentennial Park	13110 S. Doty Ave.
Eucalyptus Park	12100 S. Inglewood Ave.
Eucalyptus Park Skate Plaza	12100 S. Inglewood Ave.
Glasgow Park	Glasgow Place & 135 th St.
Holly Park	2058 W. 120 th St.
Holly Glen Park	5255 W. 137 th St.
Memorial Park	3901 W. El Segundo Blvd.
Ramona Park	4662 W. 136 th St.
Jim Thorpe Park	14100 S. Prairie Ave.
Zela Davis Park	Kornblum & 133 rd St.
Hawthorne Pool	12501 Inglewood Ave.
Good Neighbors Park	3839 W. 118 th St.



NEW!

YOUTH FUTSAL LEAGUE

Sign ups: January 29 through March 31, 2018

Draft: April 7, 2018

First Game: April 14, 2018

Fee: \$60

Boys and Girls, Ages 6-12 (4 Leagues)

Volunteer coaches needed!!! For more information please contact:
Hawthorne Recreation
& Community Services
Department:
(310) 349-1640.

NEW Futsal Courts
coming to Jim Thorpe
Park soon.



Reservations Now Available!

City of Hawthorne Futsal Court Reservations are now available!

Please secure your reservation online or inside the Betty Ainsworth Sports Center. \$25 per hour/per court. Contact phone: (310) 349-1640. Reservations can be made up to 10 days in advance, minimum 3 day notice.

Tennis Lessons

Kids of the LA84 Foundation

SCTA/NJTL (National Junior Tennis League)

The primary purpose of this program, with the help of many individuals and friends of the LA84 Foundation, is to provide an atmosphere in which Juniors can gain tennis experience and growth. The program features instruction with an emphasis on competition and sportsmanship. The Southern California Tennis Association is one of 17 sections on the United States Tennis Association.

Each student will receive a free t-shirt, 24 hours of tennis instruction, the chance to qualify for further tennis instruction scholarships, various special activities with awarded prizes, and have opportunities to attend professional tennis tournaments. Tennis rackets will be provided for the class.

Instructor: Queen Jones, USPTA Developmental Coach

Fee: \$10 **Location:** Holly Glen Park, Tennis Courts

Class # 5881	8-17	Jan. 8 - Feb. 14	M/W	3:30-5:30 pm
Class # 5882	8-17	Mar. 19 - Apr. 25	M/W	3:30-5:30 pm

Ice Skating

Ice skating class will teach you how to skate, be safe and enjoy this great pastime. Wear warm, flexible clothing and bring your mittens. Added value includes four public session passes, two guests passes and skate rental (\$73.50 value). Students will need to check in with CLASS CONFIRMATION at the first class. To sign up for the following classes at the Toyota Sports Center, pre-registration is required online or at the Hawthorne Memorial Center. Classes meet at 555 North Nash Street, just north of El Segundo Blvd. Call (310) 535-4510 for further directions. *Parent participation required for Beach Babies on Ice classes. No class 3/24, 3/25.*

Instructor: Toyota Sports Center staff **Fee:** \$67/4 classes
Location: Toyota Sports Center

Beach Babies on Ice

Class # 5905	2-3	Jan. 6 - Jan. 27	Sat	12:15-12:45 pm
Class # 5906	2-3	Jan. 7 - Jan. 28	Sun	10:50-11:20 am
Class # 5917	2-3	Feb. 3 - Feb. 24	Sat	12:15-12:45 pm
Class # 5918	2-3	Feb. 4 - Feb. 25	Sun	10:50-11:20 am
Class # 5829	2-3	Mar. 3 - Mar. 31	Sat	12:15-12:45 pm
Class # 5830	2-3	Mar. 4 - Apr. 1	Sun	10:50-11:20 am
Class # 5841	2-3	Apr. 7 - Apr. 28	Sat	12:15-12:45 pm
Class # 5842	2-3	Apr. 8 - Apr. 29	Sun	10:50-11:20 am

Ice Skating for Tots

Class # 5907	4-6	Jan. 2 - Jan. 23	Tue	4:00-4:30 pm
Class # 5908	4-6	Jan. 6 - Jan. 27	Sat	12:15-12:45 pm
Class # 5909	4-6	Jan. 7 - Jan. 28	Sun	10:20-10:50 am
Class # 5919	4-6	Jan. 30 - Feb. 20	Tue	4:00-4:30 pm
Class # 5920	4-6	Feb. 3 - Feb. 24	Sat	12:15-12:45 pm
Class # 5921	4-6	Feb. 4 - Feb. 25	Sun	10:20-10:50 am
Class # 5931	4-6	Feb. 27 - Mar. 20	Tue	4:00-4:30 pm
Class # 5932	4-6	Mar. 3 - Mar. 31	Sat	12:15-12:45 pm
Class # 5933	4-6	Mar. 4 - Apr. 1	Sun	10:20-10:50 am
Class # 5943	4-6	Apr. 3 - Apr. 24	Tue	4:00-4:30 pm
Class # 5944	4-6	Apr. 7 - Apr. 28	Sat	12:15-12:45 pm
Class # 5945	4-6	Apr. 8 - Apr. 29	Sun	10:20-10:50 am

Ice Skating for Youth

Class # 5910	6-12	Jan. 2 - Jan. 23	Tue	4:30-5:00 pm
Class # 5911	6-12	Jan. 6 - Jan. 27	Sat	12:15-12:45 pm
Class # 5912	6-12	Jan. 7 - Jan. 28	Sun	10:20-10:50 am
Class # 5922	6-12	Jan. 30 - Feb. 20	Tue	4:30-5:00 pm
Class # 5923	6-12	Feb. 3 - Feb. 24	Sat	12:15-12:45 pm
Class # 5924	6-12	Feb. 4 - Feb. 25	Sun	10:20-10:50 am
Class # 5934	6-12	Feb. 27 - Mar. 20	Tue	4:30-5:00 pm
Class # 5935	6-12	Mar. 3 - Mar. 31	Sat	12:15-12:45 pm
Class # 5936	6-12	Mar. 4 - Apr. 1	Sun	10:20-10:50 am
Class # 5946	6-12	Apr. 3 - Apr. 24	Tue	4:30-5:00 pm
Class # 5947	6-12	Apr. 7 - Apr. 28	Sat	12:15-12:45 pm
Class # 5948	6-12	Apr. 8 - Apr. 29	Sun	10:20-10:50 am

Ice Hockey

During the 4 weeks of instruction, your child will be introduced to ice hockey. They will be taught the basic safety and skating skills such as backward and forward skating, balance and edges. Protective equipment is recommended, but not provided. This class includes ice skate rental, four public sessions and two guest passes. Students will need to check in the first day of class with CLASS CONFIRMATION. To sign up for the following classes at the Toyota Sports Center, pre-registration is required online or at the Hawthorne Memorial Center. Classes meet at 555 North Nash Street, just north of El Segundo Blvd. Call (310) 535-4510 for further directions. *No class 3/24, 3/25.*

Instructor: Toyota Sports Center staff *Fee:* \$67/4 classes
Location: Toyota Sports Center

Ice Hockey for Tots (Hockey Basics 6U)

Class # 5913	4-6	Jan. 6 – Jan. 27	Sat	10:45-11:15 am
Class # 5914	4-6	Jan. 7 – Jan. 28	Sun	10:50-11:20 am
Class # 5925	4-6	Feb. 3 – Feb. 24	Sat	10:45-11:15 am
Class # 5926	4-6	Feb. 4 – Feb. 25	Sun	10:50-11:20 am
Class # 5937	4-6	Mar. 3 – Mar. 31	Sat	10:45-11:15 am
Class # 5938	4-6	Mar. 4 – Apr. 1	Sun	10:50-11:20 am
Class # 5949	4-6	Apr. 7 – Apr. 28	Sat	10:45-11:15 am
Class # 5950	4-6	Apr. 8 – Apr. 29	Sun	10:50-11:20 am



Ice Hockey for Youth (Hockey Basics 14U)

Class # 5915	6-12	Jan. 6 – Jan. 27	Sat	11:15-11:45 am
Class # 5916	6-12	Jan. 7 – Jan. 28	Sun	10:20-10:50 am
Class # 5927	6-12	Feb. 3 – Feb. 24	Sat	11:15-11:45 am
Class # 5928	6-12	Feb. 4 – Feb. 25	Sun	10:20-10:50 am
Class # 5939	6-12	Mar. 3 – Mar. 31	Sat	11:15-11:45 am
Class # 5940	6-12	Mar. 4 – Apr. 1	Sun	10:20-10:50 am
Class # 5951	6-12	Apr. 7 – Apr. 28	Sat	11:15-11:45 am
Class # 5952	6-12	Apr. 8 – Apr. 29	Sun	10:20-10:50 am

Rhythmic Gymnastics Basics & Level 1

Rhythmic Gymnastics is a sport in which individuals manipulate apparatus such as: ropes, hoops, balls, ribbons, and freehands. Rhythmic Gymnastics combines elements of ballet, gymnastics and also dance. The choreography must cover the entire floor and contain a balance of jumps, leaps, pivots and flexibility. Each movement involves a high degree of athletic skill. Physical abilities needed by a Rhythmic Gymnast include strength, power, flexibility, agility, dexterity, endurance and hand-eye coordination. **Rhythmic Gymnastics Basics** is an introduction to easy steps and exercises. Combination of floor exercises with and without apparatuses. The goal is to improve flexibility, agility, balance and coordination. **Rhythmic Gymnastics level 1** is having coordination of movements with apparatuses like ropes, hoops and ribbon for individuals and team routines. Cartwheels, splits and balance are some of the elements that we will use in different choreographies. At the end of the season the students will be able to perform a routine and show their accomplishments.

Prerequisite: Participants must have participated in gymnastics, ballet or dance classes.

Instructor: LA Latin Aerobics staff *Fee:* \$50/8 classes
Location: Sports Center, Fitness Room

Class #5895	5-12	Jan. 3 – Feb. 21	W	5:30-6:30 pm
Class #5896	5-12	Feb. 28 – Apr. 18	W	5:30-6:30 pm

Fantasia Dance Ensemble Jazz & Hip Hop Mix

Learn to be expressive, creative, and smooth through jazz lessons and hip hop enhancing self-expression, while learning moves that enhance body tone and stamina! Be sure to ask the instructor about the seasonal community recital as well!

Instructor: Alicia L. *Fee:* \$50/8 classes
Location: Sports Center, Dance Room

Class # 5903	5-13	Jan. 4 – Feb. 22	Th	7:00-8:00 pm
Class # 5904	5-13	Mar. 1 – Apr. 19	Th	7:00-8:00 pm



Online Registration Available

<https://apm.activecommunities.com/hawthornerecreation>



SCHOOL OF SAFETY AWARENESS

Children (ages 5-15) learn how to communicate and defend themselves in real life situations involving Stranger Abduction and Bully Intimidation. Escape techniques are learned to defend against being grabbed and communication skills are used to diffuse problems. Safety information is discussed each week. This program focuses on safety awareness, self-defense & discipline, not aggressiveness. All classes are taught in a fun, yet structured environment. Please arrive 20 minutes prior to 5:30 pm. For additional information please call (310) 223-6899.

Instructor: Sensei Bob *Registration Fee:* \$10 per person
Fee: \$7 weekly *Location:* Memorial Center

New Students

Class # 5864	5-15	Jan. 17 – Mar. 14	W	5:30-8:30 pm
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Fantasia Dance Ensemble Ballet & Tap Combo

Focus on poise, grace, balance, beauty of ballet and learn rhythm, pizzazz, and movements in tap. Members look forward to participation in the community recital as well as having fun!

Instructor: Alicia L.

Fee: \$50/8 classes

Location: Sports Center, Dance Room

Class # 5901	5-12	Jan. 4 – Feb. 22	Th	6:00-7:00 pm
Class # 5902	5-12	Mar. 1 – Apr. 19	Th	6:00-7:00 pm
Class # 5897	2-5	Jan. 6 – Feb. 24	Sat	10:00-11:00 am
Class # 5898	2-5	Mar. 3 – Apr. 21	Sat	10:00-11:00 am
Class # 5899	7-14	Jan. 6 – Feb. 24	Sat	11:00 am-12:00 pm
Class # 5900	7-14	Mar. 3 – Apr. 21	Sat	11:00 am-12:00 pm

SuperKids Gymnastics Exploration

Cartwheels, rolls of all kinds, stunts on bar, vaulting and balance beam skills are taught in this fun class! Enhances balance, flexibility, and confidence. SuperKids Gymnastics builds coordination and confidence. Attire: Leggings and T skirt, or leotard (for girls). We go barefoot in class. Long hair must be tied up. Parents are asked to sit in waiting area outside of the class while it is in session. On the last day, parents, relatives, and friends are invited inside to see our end of session performance class. *No class 1/15, 2/19.*

SuperKids Office: (310) 378-4800 www.superkidsfun.com

Online registration available <https://apm.activecommunities.com/hawthornerecreation>

Instructor: SuperKids staff

Fee: \$88.00/7 classes \$12.57 price per class

Location: Sports Center, Aerobics Room

Class # 5877	3-5	Jan. 8 – Mar. 5	M	4:30-5:20 pm
Class # 5878	3-5	Mar. 12 – Apr. 23	M	4:30-5:20 pm
Class # 5873	3-5	Jan. 13 – Feb. 24	Sat	10:30-11:20 am
Class # 5874	3-5	Mar. 3 – Apr. 14	Sat	10:30-11:20 am

SuperKids Fun & Fit Gymnastics Level 1

For Beginning/Intermediate level students. Class starts with fun aerobic exercises to music as well as exercises to build strength and flexibility. We group children by ability and teach basic tumbling skills such as cartwheels, round offs, rolls, handstands, front and back walkovers (when ready) We also teach skills on bar, balance beam, spring board, and vault. SuperKids Gymnastics builds coordination and confidence! Attire: Leggings and T skirt, or leotard (for girls). We go barefoot in class. Long hair must be tied up. Parents are asked to sit in waiting area outside of the class while it is in session. On the last day, parents, relatives, and friends are invited inside to see our end of session performance class. SuperKids Office: (310) 378-4800 www.superkidsfun.com Online registration available <https://apm.activecommunities.com/hawthornerecreation>

Instructor: SuperKids staff

Fee: \$88.00/7 classes \$12.57 price per class

Location: Sports Center, Aerobics Room

Class # 5869	6-11	Jan. 13 – Feb. 24	Sat	11:30 am-12:20 pm
Class # 5870	6-11	Mar. 3 – Apr. 14	Sat	11:30 am-12:20 pm

SuperKids Fun & Fit Gymnastics Level 2

Pre-requisite: Your child must know how to do a cartwheel and have completed at least one session of Level 1 or the equivalent. Class starts with fun aerobic exercises to music as well as exercises to build strength and flexibility. We group children by ability and teach basic tumbling skills such as cartwheels, round offs, rolls, handstands, front and back walkovers (when ready). We also teach skills on bar, balance beam, spring board, and vault. SuperKids Gymnastics builds coordination and confidence! Attire: Leggings and T skirt, or leotard (for girls). We go barefoot in class. Long hair must be tied up. Parents are asked to sit in waiting area outside of the class while it is in session. On the last day, parents, relatives, and friends are invited inside to see our end of session performance class.

SuperKids Office: (310) 378-4800 www.superkidsfun.com

Online registration available <https://apm.activecommunities.com/hawthornerecreation>

Instructor: SuperKids staff

Fee: \$88.00/7 classes \$12.57 price per class

Location: Sports Center, Aerobics Room

Class # 5871	8-11	Jan. 13 – Feb. 24	Sat	12:30-1:20 pm
Class # 5872	8-11	Mar. 3 – Apr. 14	Sat	12:30-1:20 pm

SuperKids Fun & Fit Gymnastics Level 1 and 2

Class starts with fun aerobic exercises to music as well as exercises to build strength and flexibility. We group children by ability and teach basic tumbling skills such as cartwheels, round offs, rolls, handstands, front and back walkovers (when ready). We also teach skills on bar, balance beam, spring board, and vault. SuperKids Gymnastics builds coordination and confidence. Attire: Leggings and T skirt, or leotard (for girls). We go barefoot in class. Long hair must be tied up. Parents are asked to sit in waiting area outside of the class while it is in session. *No class 1/15, 2/19.*

SuperKids Office: (310) 378-4800 www.superkidsfun.com

Online registration available <https://apm.activecommunities.com/hawthornerecreation>

Instructor: SuperKids staff

Fee: \$88.00/7 classes \$12.57 price per class

Location: Sports Center, Aerobics Room

Class # 5875	6-11	Jan. 8 – Mar. 5	M	5:30-6:20 pm
Class # 5876	6-11	Mar. 12 – Apr. 23	M	5:30-6:20 pm

SuperKids Creative Ballet

Learn ballet basics in a fun way. In addition to traditional pre ballet technique, we teach creative problem solving challenges to inspire self-expression. Traveling patterns across the floor as well. Attire: Leotard, tights and ballet shoes. Parents are not allowed in dance room until the last class of the session. *No class 1/15, 2/19.*

SuperKids Office: (310) 378-4800 www.superkidsfun.com
Online registration available <https://apm.activecommunities.com/hawthornerecreation>

Instructor: SuperKids staff

Fee: \$88.00/7 classes \$12.57 price per class

Location: Sports Center, Dance Room

Class # 5867 3-5 Jan. 8 – Mar. 5 M 5:45-6:30 pm

Class # 5868 3-5 Mar. 12 – Apr. 23 M 5:45-6:30 pm

SuperKids Ballet and Tap Combo

Ballet enhances grace and flexibility; tap enhances rhythm awareness and showmanship. Fun music, combinations, and traveling across the floor. Parents are not allowed in dance room until the last class of the session.

SuperKids Office: (310) 378-4800 www.superkidsfun.com

Online registration available <https://apm.activecommunities.com/hawthornerecreation>

Instructor: SuperKids staff

Fee: \$88.00/7 classes \$12.57 price per class

Location: Sports Center, Dance Room

Class # 5865 4-8 Jan. 9 – Feb. 20 T 5:45-6:30 pm

Class # 5866 4-8 Feb. 27 – Apr. 10 T 5:45-6:30 pm

NEW!



SUPERKIDS HIP HOP DANCE PARTY

Fun, joyful, big movement! We use kid-friendly music with a strong beat. Class features basic steps and combinations, follow-the-leader style. Hip Hop develops body awareness, balance, and coordination, and is just plain fun! Both boys and girls LOVE Hip Hop! Attire: Comfortable clothing and sneakers. Parents are not allowed in dance room until the last class of the session.

SuperKids Office: (310) 378-4800 www.superkidsfun.com
Online registration available <https://apm.activecommunities.com/hawthornerecreation>

Instructor: SuperKids staff

Fee: \$88.00/7 classes \$12.57 price per class

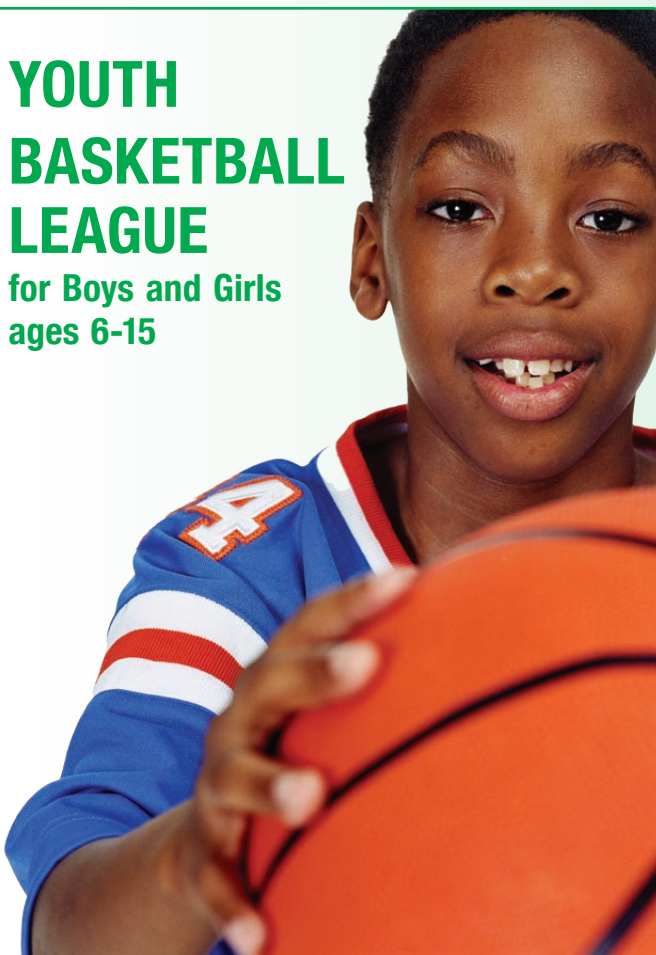
Location: Sports Center, Dance Room

Class # 5879 4-8 Jan. 9 – Feb. 20 T 6:45-7:30 pm

Class # 5880 4-8 Feb. 27 – Apr. 10 T 6:45-7:30 pm

YOUTH BASKETBALL LEAGUE

for Boys and Girls
ages 6-15



Registration Dates: April 3 – May 31, 2018
(or until league is full).

Birth certificate is **REQUIRED** at the time of registration.

Betty Ainsworth Sports Center: (310) 349-1655
3851 W. El Segundo Blvd. Hawthorne 90250

For more information please call (310) 349-1640.

Fee: \$60 per child

League Draft: June 9, 2018

League practices begins week of June 11, 2018

League games begin June 23, 2018

VOLUNTEER COACHES NEEDED!

If you are interested in being a volunteer coach, please fill out a Coach's Volunteer Application (available at the Sports Center). All volunteers are required to be fingerprinted before the season starts. Please join us in helping the kids in our community learn, enjoy and appreciate the game of basketball.



Folklore Dance

Step by step class instruction learning the beautiful steps and creative movements while exploring the background and history of the Mexican Folk Dance. Instructor provides instruction in both English and Spanish.

Instructor: Eleazar R. *Fee:* \$65/16 classes

Location: Sports Center, Dance Room

Beginner

Class #5862	10-Adults	Jan. 3 - Feb. 23	W/F	6:30-7:20 pm
Class #5863	10-Adults	Feb. 28 - Apr. 27	W/F	6:30-7:20 pm



Advanced Mexican Folklore

Join the intermediate or advanced classes and indulge in the beautiful form of Mexican Folklore dance that you love so much. This class is a great opportunity to build upon the skills you may already have or give you a great challenge to learn new routines. Many opportunities to perform as well!

Instructor: Eleazar R.

Fee: \$65/16 classes

Location: Sports Center, Dance Room

Intermediate

Class #5860	10-Adults	Jan. 3 - Feb. 23	W/F	7:30-8:30 pm
Class #5861	10-Adults	Feb. 28 - Apr. 27	W/F	7:30-8:30 pm

Advanced

Class #5858	10-Adults	Jan. 3 - Feb. 23	W/F	8:30-9:45 pm
Class #5859	10-Adults	Feb. 28 - Apr. 27	W/F	8:30-9:45 pm

Smart Yoga

Smart yoga is a powerful practice that nurtures your physical, psychological energy. It is essential to begin with balancing your body, mind, emotions and energy while creating an inner atmosphere of joy. During this 60 min. class you will learn exercises and yoga poses. This combination will help you get in a good shape and strengthen all of your body. You will improve your mobility, flexibility, strength, balance and coordination. Smart yoga is an easy, fun and safe way to start your journey towards good health and wellbeing. Having physical agility and having previous experience is not a requirement.

Instructor: LA Latin Aerobics *Fee:* \$40/8 classes

Location: Sports Center, Fitness Room

Class #5889	12-Adults	Jan. 4 - Feb. 22	Th	7:00-8:00 pm
Class #5890	12-Adults	Mar. 1 - Apr. 19	Th	7:00-8:00 pm

Aerotone

This class is a no-nonsense fat burning aerobics program filled with high and low impact exercises with a variety of uncomplicated dance steps. Includes a variety of aerobics and a toning workout, with a little of everything: marches, lunges, kicks, knee lifts, and some African dance steps! Light dumb-bell or rubber band routines for shaping the upper body, and a lot of aerobics for burning the fat. Lots of fun while getting closer to toning those bodies! **Mix and match 4 classes with a pass for \$25.**

Instructor: LA Latin Aerobics staff *Fee:* \$60/16 classes

Location: Sports Center, Fitness Room

Class #5885	12-Adults	Jan. 2 - Feb. 22	T/Th	6:00-7:00 pm
Class #5886	12-Adults	Feb. 27 - Apr. 19	T/Th	6:00-7:00 pm

Cardiokickboxing & Powertone

A total body workout that blends your own strength with the arts of self defense, dance, boxing, and aerobics. A high calorie burner that introduces you to more than just the basics. Burn calories, tone your body, and learn the technique behind the workout. **Mix and match 4 classes with a pass for \$25.**

Instructor: LA Latin Aerobics staff *Fee:* \$60/16 classes

Location: Sports Center, Fitness Room

Class #5883	12-Adults	Jan. 3 - Feb. 28	M/W	6:30-7:30 pm
Class #5884	12-Adults	Mar. 5 - Apr. 18	M/W	6:30-7:30 pm



30 Express Core & Legs

Core exercises are most effective when they engage multiple muscles. Some of the best core exercises are done with body weights, stability balls and with strength rubber bands. During these 30 minutes we select the most effective exercises to improve and strengthen your abs, gluts and thighs all while getting a leg workout. We will also do squats, lunges, jumps and a combination of different kicks. This is a workout that maximizes results in a minimum time. If you are a busy person this workout is designed just for you.

Instructor: LA Latin Aerobics staff *Fee:* \$30/8 classes

Location: Sports Center, Dance Room

Class #5891 12-Adults Jan. 8 - Feb. 26 M 7:30-8:00 pm

Class #5892 12-Adults Mar. 5 - Apr. 16 M 7:30-8:00 pm

30 Express Upper Body

Strength exercises increase lean body mass while decreasing fat. To enhance your physique and create that athletic shape you need to build your back, biceps, triceps and deltoids. We use dumbbells, rubber bands and your own bodyweight to create a high intensity upper body workout. This is a workout that maximizes results in a minimum time. If you are a busy person this workout is designed just for you.

Instructor: LA Latin Aerobics staff *Fee:* \$30/8 classes

Location: Sports Center, Dance Room

Class #5893 12-Adults Jan. 3 - Feb. 21 W 7:30-8:00 pm

Class #5894 12-Adults Feb. 28 - Apr. 18 W 7:30-8:00 pm



Intense Fitness Challenge

This workout will help you achieve your weight loss and fitness goal. This class is the key to transforming your body and maintaining a slimmer, healthier and more energetic body in record time. Workout bench dumbbells and rubber bands are some of the elements that we will use to create this effective workout. The energetic music will push you during every minute of class. This workout will focus on the entire body. Don't give up! Come out and enjoy! **Mix and match 4 classes with a pass for \$25.**

Instructor: LA Latin Aerobics staff *Fee:* \$40/8 classes

Location: Sports Center, Fitness Room

Class #5887 12-Adults Jan. 2 - Feb. 20 T 7:00-8:00 pm

Class #5888 12-Adults Feb. 27 - Apr. 17 T 7:00-8:00 pm

BETTY AINSWORTH SPORTS CENTER OPEN PLAY HOURS

3851 W. El Segundo Blvd. (310) 349-1655

Basketball:

Monday - Friday, 3-5 pm

Saturday, 8 am-3 pm

Volleyball:

Every Friday, 6-10 pm

Adults (18 and over): \$1; Youth (17 and under): \$0.50

Racquetball:

Monday - Friday, 3-9 pm

Saturday, 8 am-3 pm

Fee: \$6/hour (Schedule subject to change!)



ADULT BASKETBALL LEAGUE

Games will be played on Sunday evenings beginning at 3 pm at the Betty Ainsworth Sports Center (3851 W. El Segundo Blvd.)

First come first serve.

Fee: \$350 per team + \$30 referee fees.

League Fees must be paid in full when signing up.

For more information please call: (310) 349-1655 or (310) 349-1640.



Online Registration Available

<https://apm.activecommunities.com/hawthornerecreation>

HAWTHORNE POOL



Hawthorne Pool is an outdoor heated pool. Locker rooms have heated showers. Swim attire is required. No t-shirts, shorts, tank top or street clothes allowed. Take advantage of this great facility and make swimming a daily part of your life!

**Hawthorne Pool is located at
12501 W. Inglewood Ave.
(north of El Segundo Blvd.)**

For more information call:
(310) 970-7228.

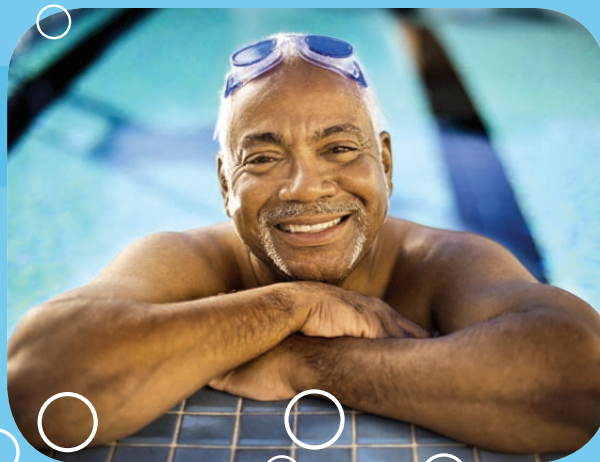
LAP SWIMMING



Participants must be 17 years or older. Participants swim under the supervision of a lifeguard. No instruction is provided. All levels are welcome.

Cost: \$4/per person 17+
\$2/seniors 55+
Passes: \$27/15 passes for seniors 55+
\$33/15 passes
\$71/35 passes

Monday - Wednesday / Friday: 6-10 am
Monday - Friday: 12-2 pm, 3:30-5:30 pm
Saturday - Sunday: 9 am-12 pm



SOUTH BAY SWIM TEAM



Youth and Adult Swim Teams

South Bay Swim Team offers coached swim workouts in a team environment for both youth and adult swimmers at the Hawthorne Pool.

Kids/Age Group: Take the opportunity to improve swimming skills beyond the basic training in swim schools and lessons. If you love to swim and are ready to take it to the next level, please join us for a fun and challenging swim experience. Get fit, improve technique, get ready for swim meets, and have fun!

Adults/Masters: Adult swimmers of all ages and skill level are welcome – recreation & fitness swimmers, triathletes, competitive pool and ocean swimmers, who want to improve their fitness through swimming.

South Bay Swim Team Members have the opportunity to learn stroke techniques, conditioning, teamwork, competitive strategies, cooperation, goal-setting, and the benefits of dedication & hard work.

For more information contact Coach Kathy Gore: www.SouthBaySwimTeam.org or SouthBaySwimTeam@socal.rr.com

HAWTHORNE TEEN CENTER

3901 El Segundo Blvd., Hawthorne, CA 90250

(Next to the Hawthorne Sports Center)

(310) 970-7001

Facility Hours: Monday - Friday 2-6 pm

(Closed on January 1, 15; February 19; April 2; 2018)

ATTENTION ALL TEENS!

The Hawthorne Teen Center offers opportunities for teens to develop their physical, social, emotional and cognitive abilities and to experience achievement, leadership, enjoyment, friendship and respect. Our daily program activities are diverse, engaging, and appealing to teens of all ages and backgrounds. **Stop in and check it out for yourself!**

All activities at the Teen Center are free and are at no cost to any of the teen residents of the City of Hawthorne. **The Teen Center provides a supervised, safe and drug-free place for Hawthorne's teenagers to "have fun & learn" after school and during the summer months.**

EVERYTHING IS FREE!

FACILITY OFFERS:

- › Pool Table
- › Ping Pong
- › Xbox and PS3 Video Game Stations
- › Computers with Free Internet Access
- › Big Screen TV
- › Board Games
- › Foosball Games
- › Air Hockey Table
- › Mini Basketball Court
- › Tutoring (M - Th)
- › Job Training
- › Recreation Tournaments (Th)
- › Movies (F)
- › Arts & Crafts
- › Life Skills & Youth Council

ENRICHMENT:

- › International Cooking
- › Leadership Board (M & W 4-5 pm)
- › Peer Meditation
- › Job Club (M & W 3-6 pm)
 - › Are you ready to get a job?
 - › Do you know how to properly complete an application?
 - › What do you wear to an interview?
- › Arts 'n Crafts (Thursday 4:30-5 pm)
- › Guitar (Thursday 4:30-5:30 pm)
- › Volunteer Hours

FITNESS PROGRAMS:

- › Volleyball
- › Handball
- › Flag Football
- › Yoga (T 4-5 pm)
- › Basketball Clinics

EDUCATION:

- › Scholarship Assistance
- › Homework Help (M - F)
- › SAT & CAHSEE Prep
- › Tutoring / Spanish Tutoring (M - Th)

In partnership with South Bay One-Stop Youth Services and Business Center. An equal opportunity program employer. Auxiliary aides available upon request for persons with disabilities.

TEEN CENTER



Hawthorne Senior Center

The Place Where Fun Begins!

The Hawthorne Senior Center is located directly behind the Hawthorne Memorial Center at 3901 El Segundo Boulevard, Hawthorne. Parking in the rear. Entrance on Prairie Avenue. (310) 349-1650

Hours of operation are Mondays through Fridays from 9:00 am to 4:00 pm.

Senior Center Benefits

If you are at least 55 years old and looking for something new in your life, you should come to the Hawthorne Senior Center. The Hawthorne Senior Center offers a wide variety of programs and activities. **Regular programs include dances, field trips, billiards, bingo, health & fitness classes, computer room, sewing, knitting, crafts, movies, and a variety of other programs.** Coming soon: wii, ping pong, karaoke much more. The Hawthorne Senior Center also serves **lunch (60+ years) everyday at noon** so if your interested stop by and inquire.



AARP Driving Class

Once you make your appointment, you attend a 2 day course. After completing the class, you will receive a CA DMV certificate which will qualify you for a discount on auto insurance with a good driving record. Be sure to come in or call (310) 349-1650 for an appointment.

Hawthorne Gad-A-Bouts

The **Gad-A-Bouts** meet each Friday from 9:00 am to 12:00 noon in the Hawthorne Memorial Center Polaris Room. Membership is \$3 per year. **Birthdays** are celebrated the first Friday of each month with a cake. Anyone interested can also play **bingo** the first Friday of the month as well. Players are to bring a gift that is not less than \$1. **Cards** are played each week for those who enjoy this activity. **Board meetings** are held every other month; usually on the third Friday of the month.

SENIORS

Bet Tzedek Legal Services

By appointment only! FREE legal services are available to you! You must call in advance to make sure you can be seen! Call: the Senior Center at (310) 349-1650!



Nutrition Program

Lunch is served Monday - Friday at 12:00 noon in the Hawthorne Senior Center. The project is funded in part by the LA County Area on Aging of 1965. You must come into the Senior Center to register for the lunch program. A suggested \$2 donation for seniors is appreciated but not mandatory!

Dial-A-Ride Transportation

Dial-a-ride is for persons 62 years of age or disabled. Tokens may be purchased at the Memorial Center after you have registered in the Senior Center and received your ID card! Transportation is available M-F 8:30 am-5:30 pm. Call (310) 965-8848 for reservation pick-up at least 24 hours in advance!

Braille Institute

Braille Institute's community outreach program is designed to help the blind and visually impaired people to live with dignity in a sighted world. These community-based programs are located conveniently throughout Los Angeles County and offered free of charge. For information about class registration, counseling, visual aids, adaptive technology and other services provided by Braille Institute, please call: (323) 663-1111 ext. 1252.

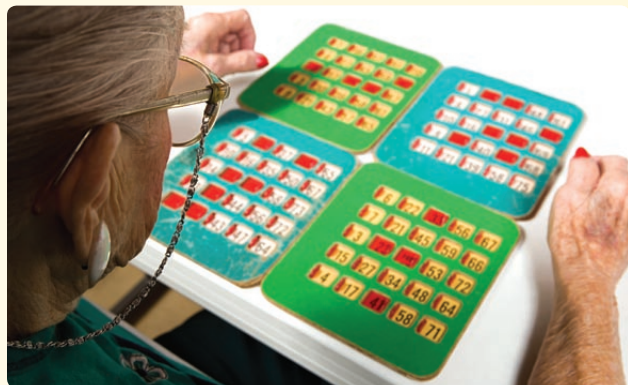


Community Gardens

The Recreation & Community Services Department also sponsor a Community Garden at 120th & Grevillea Ave. The City owned land has been converted in 18 garden plots. 20'X10' each. The plots are leased on a first come, first serve basis for a one year period. The cost is \$33 per year. Each gardener is responsible for the upkeep of their own plot. For more information and availability call (310) 349-1640.

SENIOR CENTER OFFERINGS

- › **Billiard Room** open 9 am – 4 pm Monday - Friday
- › **Computer Room** open 9 am – 4 pm, instructor led basic computer skills class on Wednesdays from 1 pm – 2:30 pm, Monday – Friday 5 computers with a printer for your use
- › **Sewing Room** open 9 am – 4 pm Monday - Friday, 6 new sewing machines for your use, material, and knitting/crocheting supplies donated frequently for your use also. Not instructor led.



Classes Offered

- › **Tai Chi:** Wednesdays from 10 am – 11 am (free)
- › **Line Dance:** Thursdays from 9:30 am – 11 am (free)
- › **Zumba:** 10 am – 11 am, one day a month, check senior newsletter
- › **Yoga:** 11 am – noon, one day a month, check senior newsletter
- › **Bingo:** Tuesdays and Thursdays 1 pm – 2 pm. Fifty cent per card played, everyone brings in a gift for the game.



HAVE AN EMAIL ADDRESS?

Call the senior center to have it added to our contact group. Receive a weekly agenda of what's happening in the senior center and the quarterly newsletter also.

Hawthorne Senior Center's SPECIAL EVENTS

FEBRUARY:
VALENTINES DAY
Friday the 9th

APRIL:
SPRING DANCE
Friday the 27th

Senior Center closed:
January 1, 15; February 19; 2018



For more information regarding upcoming events please call the Hawthorne Senior Center (310) 349-1650.

Important Phone Numbers

Hawthorne Senior Center	310-349-1650
Inglewood Senior Center	310-412-5338
South Bay Senior Services	310-325-2141
Little Co. of Mary Home Health	310-543-3450
Torrance Memorial Home Health	310-784-3739
Housing	310-349-1600
Senior Employment (SER)	310-680-3771
Home Delivered Meals	310-412-4380
MTA Bus Passes	310-349-1640
Dial-A-Ride Transportation	310-349-1650
Volunteer Opportunities	310-349-1650
Information & Assistance	310-349-1650
LA County Area on Aging	800-510-2020
Elder Abuse Hotline	800-477-3646
Employment Programs	213-738-2631
Alzheimer's Association	800-272-3900
Elder Care Locator	800-677-1116
Center for Health Care Rights	800-824-0780

VOLUNTEERS NEEDED!

GIVE A HELPING HAND!

We need your support! The Hawthorne Senior Center is run by a very small staff and a handful of volunteers. If you would like to give back to your community and feel you have an interest in working with seniors, please contact the Senior Center to find out how you can assist! We are always looking for help with the nutrition program, computer lab, and special events. Call (310) 349-1650 for more information!



HAWTHORNE MEMORIAL BUNNY BREAKFAST

Saturday, March 24, 2018

at 9 am @ Memorial Park, Venus Room

Bring Your Own Basket! Join us for Breakfast with
the Bunny! Continental Breakfast Provided.

Event is for the whole family! All children must be accompanied by an adult!
Early registration is suggested because seating is limited!

Register at the Hawthorne Memorial Center Monday-Thursday,
7:30 am-5:30 pm beginning February 26th.

Hawthorne Memorial Center

3901 W. El Segundo Blvd.
(Just East of Prairie Ave.)
(310) 349-1640

An equal opportunity
service provider.

The fee is \$3 per child and \$5 per adult.

Checks will only be accepted 7 days
before the event.

Credit Cards will not be accepted the
day of the event.



HANDBALL TOURNAMENT

Game Day:
SATURDAY, JANUARY 20, 2018

Game time: 12 pm - 4 pm

WHERE:

BETTY AINSWORTH GYM

3901 W. El Segundo Ave., Hawthorne, CA 90250

FEE: Doubles \$20 | Singles \$10 | Donations

DIVISIONS: Novice, Intermediate, Advanced

REGISTRATION DEADLINE: January 12, 2018.

Tournament fees will assist with maintenance and
upgrades to Handball Courts.

Prizes awarded for 1st place!



CITY HALL DEPARTMENTS

Airport	(310) 349-1635
Building & Safety	(310) 349-2990
Business License	(310) 349-2935
Cable TV (Channel 22)	(310) 349-1630
Code Enforcement	(310) 349-2945
City Attorney	(310) 349-2960
City Clerk	(310) 349-2915
City Hall (Information)	(310) 349-2900
City Manager	(310) 349-2910
City Finance	(310) 349-2920
Graffiti Removal	(310) 349-1632
Housing	(310) 349-1600
Human Resources	(310) 349-2950
Job Hotline	(310) 349-1633
Mayor & City Council	(310) 349-2908
Planning/Community Development	(310) 349-2970
Police Department	(310) 349-2700
Public Information	(310) 349-2902
Recreation & Community Services	(310) 349-1640
Hawthorne Senior Center	(310) 349-1650
Inglewood Senior Center	(310) 412-5338
Sports Center	(310) 349-1655
Street Maintenance	(310) 349-1660
Tree Trimming	(310) 349-1664

COMMUNITY SERVICES

Allied Waste	(888) 742-5234
AT&T	(800) 310-2355
Animal Control/Licensing	(310) 349-2948
Animal Complaints/Pick-up	(310) 675-4443
California Water Service	(800) 758-6790
Chamber of Commerce	(310) 676-1163
Dial-A-Ride	(310) 349-1650
Health Department	(310) 419-5358
LA County Alondra Park	(310) 217-8366
LA County Bodger Park	(310) 676-2085
LA County Del Aire Park	(310) 643-4976
MTA Transit	(800) 266-6883
MTA Bus Pass Card reloading	(310) 349-1640
Shopping Carts	(800) 252-4613
So. Calif. Edison	(800) 655-4555
So. Calif. Gas Co.	(800) 427-2200
So. Calif. Water Co.	(800) 758-6790
Street Light Problems	(800) 655-4555
Traffic Signal Lights	(626) 458-4357
Time Warner Cable	(800) 892-4357
Union Pacific Rail Road	(800) 767-3884

NEIGHBORING LOS ANGELES COUNTY PARKS

Alondra Park	(310) 217-8366
3850 Manhattan Beach Boulevard, Lawndale, CA	
Bodger Park	(310) 676-2085
14900 S. Yukon Avenue, Hawthorne, CA	
Del Aire Park	(310) 643-4976
12601 S. Isis Avenue, Hawthorne, CA	

SCHOOLS & LIBRARIES

Hawthorne School District	(310) 676-2276
Wiseburn School District	(310) 643-3025
Centinela Valley Adult School	(310) 263-3200
Hawthorne High School	(310) 263-4400
Leuzinger High School	(310) 263-2200
Hawthorne Library	(310) 679-8193
Wiseburn Library	(310) 643-8880

COMMUNITY ORGANIZATIONS

American Youth Soccer Organization	(310) 643-6455
Boys & Girls Club - Carson	(310) 549-7311
Boy Scouts of America	(213) 413-4400
District 37 Little League	(310) 644-9360
Gardena YMCA	(310) 523-3470
Girls Scouts Council	(310) 328-2312
Holly Park Little League	(424) 901-3313
Little Co. of Mary Home Health	(310) 543-3450
Torrance Memorial Home Health	(310) 784-3739
Senior Employment (SER)	(310) 680-3771
Home Delivery Meals	(310) 412-4380
South Bay Youth Service Center	(310) 549-7311
Teen Challenge	(310) 644-3695
Teen Hotline (24 hr. Hotline)	(800) 448-3000
Tri Park Little League	(310) 675-1609
Wiseburn Little League	(310) 289-4113
Volunteer Opportunities	(310) 349-1650
Information & Assistance	(310) 349-1650
LA County Area on Aging	(800) 510-2020
Elder Abuse Hotline	(877) 477-3646
Alzheimer's Association	(800) 272-3900
Elder Care Locator	(800) 677-1116
Center for Health Care Rights	(800) 824-0780

City of Hawthorne CITY HALL

4455 W. 126th Street,
Hawthorne, CA 90250
www.cityofhawthorne.com
(310) 349-2900

RECREATION & COMMUNITY SERVICES

3901 W. El Segundo Blvd.
www.cityofhawthorne.org/parks-and-recs-home-page
(310) 349-1640



**City of Hawthorne
Recreation & Community Services**

3901 W. El Segundo Blvd., Hawthorne, CA 90250
(310) 349-1640

PRSRT STD
U.S. POSTAGE
PAID
PERMIT # 288
ANAHEIM, CA

ECRWSS

RESIDENTIAL CUSTOMER

**League Begins
June 4, 2018**

**Registration Starts
April 2, 2018**



*"Remember
Character Counts!"*

*"Sportsmanship is
Everyone's Responsibility"*

FEE: \$10.00 Per Player

Fee includes officials, uniform jersey, hat for
players and league fees.

DIVISION AGES

T-BALL [CO-ED] 4-6 YRS. Class# 5955

5 PITCH [CO-ED] 7-8 YRS. Class# 5956

Proof of age [Birth Certificate] is required for ALL
PLAYERS. This must be turned in at the time of registration.

GAME SITES

Holly Park and Jim Thorpe Park